

## PHYSICAL EDUCATION & SPORTS

| S.NO. | Title   | ISBN          | Year | Author           | Price          | Binding  |
|-------|---|---------------|------|------------------|----------------|----------|
| 1     | Anatomy,  | 9788183292993 | 2009 | Singh, M.        | Rs. 2600.0000  | Hardbond |
| 2     | Arjuna Award  | 9788193029763 | 2015 | Singh, A.        | Rs. 995.0000   | Hardbond |
| 3     | Ashtanga Yoga :   | 9788183297813 | 2016 | Trehan, P.K.     | Rs. 960.0000   | Hardbond |
| 4     | Body, Mind and  | 9789383982349 | 2017 | Philena Bruce    | Rs. 650.0000   | Hardbond |
| 5     | Complete Guide<br>for Health &  | 9789384862220 | 2016 | Shukla, P.       | Rs. 600.0000   | Hardbond |
| 6     | E-Health  | 8189948122    | 2014 | Ranjan, R.       | Rs. 800.0000   | Hardbond |
| 7     | Eminent Women<br>: Sports   | 9788183292276 | 2007 | Chanchreek, K.L. | Rs. 1000.0000  | Hardbond |
| 8     | Encyclopedia of<br>Sports - in 5<br>Vols.                                 | 9788189948207 | 2009 | Reddy, Y.K.      | Rs. 5000.0000  | Hardbond |
| 9     | Essentials of<br>Human Nutrition  | 9788183292788 | 2009 | Lanford, C.S.    | Rs. 4000.0000  | Hardbond |
| 10    | Exercise Therapy<br>(PB)  | 9788183293174 | 2018 | Kumar, S.        | Rs. 265.0000   | Hardbond |
| 11    | Fitness & Health<br>Education   | 9788183292856 | 2008 | Singh, R.P.      | Rs. 850.0000   | Hardbond |
| 12    | Fitness &<br>Wellness   | 9788183298216 | 2017 | Kumar, S.        | Rs. 650.0000   | Hardbond |
| 13    | Food Science &<br>Nutrition - in 2<br>Vols.                               | 9788183292795 | 2009 | Fisk, E.L.       | Rs. 7000.0000  | Hardbond |
| 14    | Food Science,<br>Nutrition &<br>Health Care<br>Management - in<br>6 Vols. | 9788183292818 | 2009 | Sachdeva, A.N.   | Rs. 24000.0000 | Hardbond |
| 15    | Foot Falls of<br>Indian History   |               | 2005 | Nivedita,S.      | Rs. 800.0000   | Hardbond |
| 16    | Great Sports<br>Person of India   | 9789385085222 | 2016 | Kumar, D.        | Rs. 600.0000   | Hardbond |
| 17    | Hatha Yoga for<br>Human Health  | 9789385085215 | 2016 | Singh, W.        | Rs. 950.0000   | Hardbond |
| 18    | Health & Healing<br>in Yoga   | 9789383381647 | 2016 | Trehan, S.       | Rs. 980.0000   | Hardbond |
| 19    | Health Fitness &<br>Yoga Tips   | 9789385359088 | 2016 | Kumar, U.        | Rs. 970.0000   | Hardbond |
| 20    | History of<br>Physical<br>Education                                       | 9788183292887 | 2008 | Singh, V.K.      | Rs. 1000.0000  | Hardbond |
| 21    | Introduction to<br>Physical<br>Education                                  | 9788183292849 | 2008 | Singh, R.P.      | Rs. 900.0000   | Hardbond |
| 22    | Massage,<br>Acupressure &<br>Sun Treatment<br>in Yoga                     | 9789384862206 | 2016 | Kaur, I.         | Rs. 950.0000   | Hardbond |

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| 23 | Method of Yoga                                      | 9789384986063 | 2016 | Malik, A.          | Rs. 950.0000  | Hardbond |
| 24 | Nature Care & Yoga Therapy                          | 9789384877194 | 2017 | Nijhawan, V.       | Rs. 600.0000  | Hardbond |
| 25 | Nutritional Status & Challenges of Adolescent Girls | 9788183296762 | 2014 | Kumari, K.         | Rs. 1400.0000 | Hardbond |
| 26 | Nutritional Trends in Family & Community Study      | 9788183293860 | 2011 | Mishra, S.         | Rs. 600.0000  | Hardbond |
| 27 | Perspectives in Psychotherapy                       | 9788183296601 | 2014 | Singh, P.K. et.al. | Rs. 1000.0000 | Hardbond |
| 28 | Physical Education Teaching Methods                 | 9788183292863 | 2008 | Singh, V.K.        | Rs. 1000.0000 | Hardbond |
| 29 | Physical Fitness, Wellness & Lifestyle              | 9788175557642 | 2017 | Kumar, S.          | Rs. 650.0000  | Hardbond |
| 30 | Physiotherapy : An Introduction (PB)                | 9788183293242 | 2015 | Kumar, S.          | Rs. 225.0000  | Hardbond |
| 31 | Preksha Meditation & Drug Abusers' Personality      | 818329118X    | 2006 | Betal, C.H.        | Rs. 800.0000  | Hardbond |
| 32 | Psychology in Sports & Physical Education           | 9788183292870 | 2008 | Singh, V.K.        | Rs. 1200.0000 | Hardbond |
| 33 | Rajiv Gandhi Khel Ratna Awards                      | 9789384984090 | 2016 | Pal, S.            | Rs. 1000.0000 | Hardbond |
| 34 | Rules of Games & Sports                             | 9788189948214 | 2009 | Reddy, Y.K.        | Rs. 1000.0000 | Hardbond |
| 35 | Sports & Exercise Science                           | 9789384987015 | 2015 | Sharma, T.H.       | Rs. 1250.0000 | Hardbond |
| 36 | Sports Journalism                                   | 9788183293884 | 2011 | Poonia, M.         | Rs. 1200.0000 | Hardbond |
| 37 | Sports Journalism                                   | 9788189948221 | 2009 | Reddy, Y.K.        | Rs. 1000.0000 | Hardbond |
| 38 | Sports Management                                   | 9788189948153 | 2009 | Reddy, Y.K.        | Rs. 1000.0000 | Hardbond |
| 39 | Sports Marketing                                    | 9788189948092 | 2011 | Reddy, Y.K.        | Rs. 1000.0000 | Hardbond |
| 40 | Sports Person from North East India                 | 9789383381661 | 2016 | Kumar, D.          | Rs. 550.0000  | Hardbond |

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| 41 | Sports Psychology                                    | 9788189948184 | 2011 | Reddy, Y.K.            | Rs. 1000.0000 | Hardbond |
| 42 | Textbook of Physiotherapy                            | 9788183296410 | 2013 | Gyanpuri, V. et.al.    | Rs. 2500.0000 | Hardbond |
| 43 | Therapeutic Exercise                                 | 9788183294676 | 2011 | Ewerhardt, F.H.        | Rs. 400.0000  | Hardbond |
| 44 | Treatment of Disease Through Yoga                    | 9789385358005 | 2016 | Singh, V.              | Rs. 960.0000  | Hardbond |
| 45 | Women & Sports                                       | 9789383382156 | 2015 | Pawar, S.              | Rs. 1050.0000 | Hardbond |
| 46 | Yoga & Health Advice                                 | 9789384984069 | 2016 | Singh, P.              | Rs. 950.0000  | Hardbond |
| 47 | Yoga & Health Promotion in Schools                   | 9789385088001 | 2016 | Singh, W.              | Rs. 955.0000  | Hardbond |
| 48 | Yoga & Pranayama Exercise                            | 9789383913398 | 2016 | Gupta, R.              | Rs. 940.0000  | Hardbond |
| 49 | Yoga : Way of Health Life                            | 9789384861193 | 2016 | Reddi, T.O.            | Rs. 980.0000  | Hardbond |
| 50 | Yoga Book : A Practical Handbook-in 2 Vols.          | 9788183298322 | 2017 | Verma, M.K. & Giri, S. | Rs. 4500.0000 | Hardbond |
| 51 | Yoga Darshan : Sutras Patanjali with Bhasya of Vyasa | 9788183297776 | 2016 | Singh, W.              | Rs. 990.0000  | Hardbond |
| 52 | Yoga Pose & Naturopathy                              | 9789384985141 | 2016 | Kumar, J.              | Rs. 930.0000  | Hardbond |
| 53 | Yoga Tips to Stay Fit                                | 9789384987077 | 2016 | Kumari, N.             | Rs. 970.0000  | Hardbond |
| 54 | Yoga for Everybody                                   | 9789383382354 | 2016 | Kadyaan, N.K.          | Rs. 900.0000  | Hardbond |