

Yoga

S.No.	ISBN	Author	Title	Publishers	Publishing Year	Pirce
1	#####	Trehan, P.K.	Ashtanga Yoga : Practice & Philosophy	Shree Publishers & Distributors	2022	1,400.00
2	#####	Kumar, M.	Ayurveda and Yoga	Pratap Book Service	2020	800.00
3	#####	Kadyaan, N.K.	Bhakti Yoga : The Nature of Devotion	Nisha Scientific	2022	1,250.00
4	#####	Verma, M.K.	Bhakti Yoga Pilgrimage	Aadi Books	2022	800.00
5	#####	Dr. Bhagat, G.	Exploring Yoga	Aadi Books	2024	750.00
6	#####	Singh, W.	Hatha Yoga for Human Health	A.J. Books	2021	1,200.00
7	#####	Singh, V.	Healing Power of Yoga	Rishabh Books	2023	800.00
8	#####	Trehan, S.	Health & Healing in Yoga	Aadi Books	2016	980.00
9	#####	Kumar, U.	Health Fitness & Yoga Tips	Deepansh Publication	2016	1,150.00
10	#####	Besant, A.	Introduction to Yoga	Nisha Scientific	2022	600.00
11	#####	Dr. Bhagat, G.	Light on Yoga	Kitabwale	2024	750.00
12	#####	Kaur, I.	Massage , Acupressure & Sun Treatment in Yoga	Abhay Publication	2016	1,100.00
13	#####	Aurelius, M.	Meditations	Momentum Publishers & Distributors	2020	1,100.00
14	#####	Trehan, P.	Meditative Yoga	Diamond Creations	2016	1,200.00
15	#####	Malik, A.	Method of Yoga	Shiksha Deep Prakashan	2016	1,200.00
16	#####	Nijhawan, V.	Nature Care and Yoga Therapy	Hari Books	2017	800.00
17	#####	Trehan, P.K.	Naturopathy & Yoga	Pratap Book Service	2021	1,350.00
18	#####	Kadyaan, N.	Practical Yoga	Hari Books	2021	1,250.00
19	#####	Betal, C.H.	Preksha Meditation & Drug Abusers' Personality	Shree Publishers & Distributors	2022	1,000.00
20	#####	Singh, W.	Psychology of Yoga	University Publication	2021	1,250.00
21	#####	Diwakar, V.M.	Spirituality of Yoga	Kitabwale	2021	1,400.00
22	#####	Kadyaan, N.	Teaching of Yoga	Nisha Scientific	2022	1,350.00
23	#####	Singh, V.	Treatment of Diseases Through Yoga	A. Kumar & Sons	2016	1,100.00
24	#####	Singh, P.	Yoga & Health Advice	Homage Publication	2016	1,150.00
25	#####	Singh, W.	Yoga & Health Promotions in Schools	Srishti Book Distributors	2016	1,250.00
26	#####	Gupta, R.	Yoga & Pranayama Exercise	Abhay Publication	2020	1,250.00
27	#####	Scott, B.	Yoga : An Introduction	Kolegne International Pvt. Ltd.	2019	1,100.00
28	#####	Dr. Kumar, A.	Yoga : As Cultural Heritage	Hari Books	2022	1,500.00
29	#####	Reddi, T.O.	Yoga : Way of Health Life	Jyotsana Publication	2016	1,100.00
30	#####	Yadav, P.K.	Yoga Book The : A Practical Guide to Self-Realization	Diamond Creations	2020	800.00
31	#####	Verma & Mukesh	Yoga Book The : A Practical Handbook in 2 vol.	Shree Publishers & Distributors	2017	4,500.00
32	#####	Singh, W.	Yoga Darshan	Shree Publishers & Distributors	2019	1,350.00
33	#####	Kadyaan, N.	Yoga for Everybody	Rohit Publication	2016	1,250.00
34	#####	Trehan, S.	Yoga for Stress Management	Rishabh Books	2021	1,350.00

35	#####	Trehan, S.	Yoga for Women	Momentum Publishers & Distributors	2024	1,250.00
36	#####	Singh, V.	Yoga Health, Benefits : Flexibility, Strength & Posture	Diamond Creations	2020	3,000.00
37	#####	Kadyaan, N.	Yoga Philosophy	Amazing Publishers	2022	1,250.00
38	#####	Kuamr, J.	Yoga Pose & Naturopathy	Vibhavri Publication	2016	1,150.00
39	#####	Jain, A.R.	Yoga The Holistic System of Healing	Kitabwale	2018	3,000.00
40	#####	Kumari, N.	Yoga Tips to Stay Fit	Insight Publication	2020	1,150.00
41	#####	Jain, A.R.	Yogic Practice in Jainism	Kitabwale	2019	1,100.00